

Botanical Name: Prunella vulgaris

Common Name: Self-heal, Heal-all

Type of Plant: dicot: perennial Family Labiatae

Habit of Growth:

Overall Shape low, creeping perennial forming a dense mat with upright
flowers held above

Height to 18" Spread to 1 ft. Growth Rate moderate

Environment:

Exposure outdoors full sun to partial shade

Soil average soil with decent drainage

Hardiness hardy, Zones 2-24

Morphology:

Leaves Opposite, elliptical to lanceolate, to 3" long on square
stems

Flowers tubular violet to pink flowers on terminal spikes which reach
18"-24" tall

Fruit small nutlet

Propagation: division, seed

Usage: tough groundcover plant which spreads and forms a dense mat;
can tolerate small amount of foot traffic, but can be too aggressive for small
rock gardens and very small landscaped areas

Landscape Care:

Watering takes average watering, not drought adapted

Fertilizing slow release in spring

Pruning shear back spent flower spikes to prevent reseeding

Pests/Diseases none

Other _____

Origin: Western Europe