

Botanical Name: Stachys officinalis

Common Name: Common hedgenettle, Betony

Type of Plant: dicot; perennial Family Lamiaceae

Habit of Growth:

Overall Shape dense rosette-forming clumping perennial with upright spikes
of flowers to 3 ft. tall; purple, white and violet varieties are available

Height to 3 ft. Spread to 2 ft. Growth Rate moderate

Environment:

Exposure outdoors partial shade to full sun

Soil not fussy, but prefers good drainage

Hardiness Hardy; all zones

Morphology:

Leaves Ovate to cordate with curly crenate margins; upper and lower
surfaces somewhat fuzzy

Flowers tiny purplish to lavender flowers in dense clusters like
a tiny lion's tail; flowers high above foliage

Fruit tiny nutlet

Propagation: stem cuttings, division

Usage: widely used in medicinal gardens, in mixed perennial borders
and in woodland-theme gardens; used for erect purple flower spikes through
spring months

Landscape Care:

Watering takes average watering; not particularly drought tolerant

Fertilizing slow release fertilizer in spring

Pruning dead head after bloom

Pests/Diseases none of significance

Other used as a medicinal herb since Roman times

Origin: Eastern Europe, Western Asia